

SERMON NOTES - His Name is... HEALER

These notes are designed to be read along with the associated audio / video messages

Using these notes and this message

There are 3 ways to watch or listen to this message, and various ways to use it:

Access to the Message	Use the Message		
	Play the Video	Preach it Yourself	Small Group Discussion
The full video message (around 26 minutes) can be watched on our website .	See guidance notes below .		
A shorter version (7-11 minutes) with small group discussion questions can also be found on our website.	In small groups. See Notes below .		
An audio podcast - on our app , soundcloud , or itunes	Personal listening		

Below you will find notes on...

[1 - A summary of this talk, and various ways and Ideas for how to use the themes](#)

[2 - How to Preach a Sunday Sermon](#)

[3 - How to lead a Small Group](#)

[4 - Small Group Bible Study Questions and Guidelines for this message](#)

[5 - Expanded Notes of the full Sermon as shown on TV / Website](#)

1 - A summary of this talk, and various ways and Ideas for how to use the themes

Due to the nature of the video messages, a sermon preached on video/TV generally contains much more information than should be presented when preaching "live".

Video messages also don't include as many personal stories and anecdotes as would be shared in a personal sermon.

For this reason, when preaching this message "live", it is advisable for you to pick one or two of the main themes, ideas, or points below, and focus on them, adding your own stories and experiences, and your own personality.

THE BIG IDEA

God is a Healer. He wants to be known and relied upon by us as Healer.

MAIN THEMES & SUB IDEAS

You could use one or more of the following themes and ideas and craft a whole sermon out of any of these:

1. The Names of the Lord

- Proverbs 18:10: "The name of the Lord is a strong tower; the righteous run to it and are safe."
- God's names reveal His character and nature.
- Exodus 3:14-15: God reveals His name to Moses as "I AM WHO I AM" (Yahweh).

2. Jehovah Rapha: The Lord My Healer

- Exodus 15:26: "I am the Lord who heals you."
- Genesis 22:14: Jehovah Jireh, the Lord will provide.
- Jeremiah 23:6: Jehovah Tsidkenu, the Lord our righteousness.

3. Healing in the Old Testament

- Exodus 15:22-26: God heals the bitter waters at Marah.
- Numbers 21:8-9: The bronze serpent heals the Israelites bitten by snakes.
- Psalm 103:2-3: "Who forgives all your iniquities, who heals all your diseases."

4. Healing as God's Will

- Exodus 23:25: "I will take sickness away from the midst of you."
- Deuteronomy 7:15: "The Lord will take away from you all sickness."
- Sickness is not God's ultimate plan for His people.
- Galatians 3:13-14: Jesus took the curse upon Himself, freeing us from the curses of the law.

5. Jesus, the Ultimate Healer

- Isaiah 53:4-5: "By His stripes, we are healed."
- Matthew 8:16-17: Jesus heals the sick to fulfill Isaiah's prophecy.
- Luke 6:17-19: Jesus heals all who come to Him.

6. New Testament Instructions for Healing

- Matthew 10:8: Jesus commands His disciples to heal the sick.
- Mark 16:17-18: Believers will lay hands on the sick and they will recover.
- James 5:14-15: Elders of the church should pray over the sick, anointing them with oil.

7. Examples of Spiritual war - rare times where people in the Bible were not well:

- Paul's Infirmary: Galatians 4:13-14 - Paul's illness led him to preach to the Galatians.
- Timothy's Stomach Illness: 1 Timothy 5:23 - Paul advises Timothy on his frequent ailments.
- Trophimus: 2 Timothy 4:20 - Paul leaves Trophimus sick in Miletus.
- Ephesians 6:12: "For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age."
- Healing can be hindered by spiritual battles.

8. Faith and the Power of Prayer

- Mark 11:22-24: Have faith in God and speak to the mountain.
- James 5:16: "The effective, fervent prayer of a righteous man avails much."
- Believing and receiving in faith is crucial for experiencing God's healing.

DISCUSSION QUESTIONS FOR THIS LONGER VERSION OF THE TALK

1. How does understanding the different names of God, such as Jehovah Rapha and Jehovah Jireh, enhance our faith and confidence in God's ability to heal and provide?
2. In what ways do the Old Testament accounts of healing, such as the bitter waters at Marah and the bronze serpent, demonstrate God's power and willingness to heal His people?
3. How can we reconcile the instances in the New Testament where healing did not occur immediately, such as Paul's infirmity and Timothy's stomach issues, with the belief that it is always God's will to heal?
4. How can the principles of faith and persistent prayer, as taught in Mark 11:22-24 and James 5:16, be practically applied in our daily lives to seek healing for ourselves and others?
5. Spend some time thanking God and praying specifically for each person's needs.

2 - How to Preach a Sunday Sermon

The SUNDAY sermon is normally not an in depth teaching time (this is usually done in other times and settings). Usually the Sunday Sermon achieves 3 main goals:

- It attracts non believers,
- It inspires believers and
- It educates everyone.

A sermon should not be too long (30 minutes is a good maximum time).

The mood and tone is important as people will often remember a FEELING more than information. People must sense and feel the love, joy and excitement of Jesus and the Christian life along with being motivated by GRACE, rather than legalism, guilt or religion.

A 4-Point Checklist for Sermon Preparation ...

- 1) You** must be able to articulate in your own mind what the talk's one big message is. You should be able to state this in one sentence before you give your talk, and this would also work well as the introductory sentence of your talk..

**1 BIG
IDEA**

It should be a compelling and motivating idea that is captivating and important, and it must have HELPED YOU in your life. If it is real for you, it will be real to those who hear you. As a general guideline, this idea should inspire people to faith, hope and action, and it is based on joy rather than on legalism or duty.

- 2) To** back up and support your big idea, you should have around 3 main points which are helpful and along the same theme. People should be able to follow your logical progression and see how the three points back up the main idea. You can have more than three points if you are making the same point from several different angles OR if you are using several different Bible verses to support the same idea.

3
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**SUPPORTING
Points**

- 3) For** each point you make, you should try to have one **story** or a **personal example** that illustrates what you are saying. They give a window to your sermon, allowing light to shine in, and bringing your points to life. Without illustrations, your sermon could feel like it's all "facts". Illustrations and stories engage people's imagination and emotions, and can show how the truths you are speaking of have impacted and affected you in a personal way.

**ILLUSTRATIONS
&
STORIES**

- 4) There** should be a practical way that people can apply what you have said – it should change people's lives, and you should conclude with this application. There is a **general** life application – "how will I live differently going forward?" – and there is also an **immediate** application – "what is God saying to me right NOW?" Encourage people to "do business with God" right then and there and to make decisions or commitments if necessary. This "life application" can be a good conclusion to your talk, OR the main idea that you started with can also be helpful as a concluding summary.

**PRACTICAL
APPLICATION
AND SUMMARY**

3 - How to lead a Small Group

Remember that the aim of the small group is to foster discussion and community, rather than for the leader or one individual to preach to everyone.

1 - Often an **Icebreaker question** is a great way to start discussion. You could ask a question like:

- What were the highs or lows of your week?
- What is your earliest memory?
- If you had to describe yourself as one animal, what would it be and why?
- What is your favourite type of holiday destination?

2 - Next, **read the passage**. You can ask various people in the group to help by each reading a portion of the passage.

3 - These are the **main questions** to ask to understand the passage:

- What is the main message of this talk / passage?
Allow discussion and even diverging from the main topic if it is helpful.
- What did you find particularly helpful or challenging?
- What did you not fully understand?
- What can we do **PRACTICALLY** in response to this teaching?

4 - Close by offering **prayer** for each person.

- Ask, "how can we pray for you / each other now?"
- Ask each person to pray or you, as leader, pray for each person's need

The blessing and opportunity in Small Groups is the possibility for...

- Each person to contribute and/or ask questions,
- People to pray for each other and to ask for prayer,
- People to learn to use and grow in their gifts,
- Community, friendship and intimacy in relationships.

God Bless you in this very important ministry.

4 - Small Group Bible Study Questions and Guidelines for this message

OUTLINE OF THE SHORT VIDEO MESSAGE

God's Identity as Healer

- Key Point: God identifies Himself as a healer, emphasising that health and wellness come from Him.
- Scripture References:
 - Exodus 15:26: "I am the Lord who heals you."
 - Psalm 103:3: "God forgives all your iniquities and heals all your diseases."

2. Jesus and Healing

- Key Point: Jesus exemplified God's healing nature through His actions, showing that God's will is for us to be healthy.
- Scripture References:
 - Isaiah 53:5: "By His wounds we are healed."
 - Matthew 8:16-17: "He healed all who were sick, fulfilling Isaiah's prophecy."

3. Healing in the New Testament

- Key Point: Despite instances of sickness among early Christians, God's will is for health, and we are in a spiritual battle.
- Scripture References:
 - Galatians 3:10-14: "Christ has redeemed us from the curse of the law."
 - 1 Timothy 5:23: Paul advises Timothy to take care of his frequent illnesses.
 - Philippians 2:27: Reference to Epaphroditus being ill.

4. Faith and Healing

- Key Point: Believers are encouraged to have faith in God's promise of healing, acknowledging that it may not always manifest immediately.
- Scripture References:
 - Mark 11:22-24: "Have faith in God...whatever you ask for in prayer, believe that you have received it."
 - 1 Peter 2:24: "By His wounds, you have been healed."

SMALL GROUP DISCUSSION QUESTIONS ON THIS SHORT VIDEO

1. How does understanding God as "Yahweh Rapha" (the Lord who heals) influence your perspective on health and sickness?
2. What can we learn from Jesus' healing ministry about God's intentions for our well-being today?
3. In what ways can we practically apply the principle of having faith in God's healing, especially when we face sickness or see others suffering?
4. Spend some time thanking God and praying specifically for each person's needs.

5 - Expanded Notes of the full Sermon as shown on TV / Website

INTRO - God Has given us His name

He revealed His name to Moses:

Exo 3:13-15 NKJV - "13 Then Moses said to God, "Indeed, when I come to the children of Israel and say to them, 'The God of your fathers has sent me to you,' and they say to me, 'What is His name?' what shall I say to them?"

14 And God said to Moses, "I AM WHO I AM." ["*HYH, HYH*"] And He said, "Thus you shall say to the children of Israel, 'I AM ["*HYH*"] has sent me to you.' " 15 Moreover God said to Moses, "Thus you shall say to the children of Israel: 'The LORD ["*YAHWEH*" "*YHWH*"] God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is My name forever, and this is My memorial to all generations."

The benefits of knowing His name

Pro 18:10 NKJV - "10 The name of the LORD is a strong tower; The righteous run to it and are safe (*set on high*)."

Jhn 14:14 NKJV - "14 "If you ask anything in My name, I will do it."

Revelation 3:12 NKJV — "He who overcomes, I will make him a pillar in the temple of My God, and he shall go out no more. I will write on him the name of My God and the name of the city of My God, the New Jerusalem, which comes down out of heaven from My God. And I will write on him My new name. (cf Rev 2:17 "*a white stone, and ...a new name which no one else knows* ")

His Name is... HEALER

JEHOVAH (YAHWEH) RAPHA (THE LORD WHO HEALS)

Exo 15:22-26 NKJV - "22 So Moses brought Israel from the Red Sea; then they went out into the Wilderness of Shur. And they went three days in the wilderness and found no water. 23 Now when they came to Marah, they could not drink the waters of Marah, for they were bitter. Therefore the name of it was called Marah. 24 And the people complained against Moses, saying, "What shall we drink?" 25 So he cried out to the LORD, and the LORD showed him a tree. When he cast it into the waters, the waters were made sweet. There He made a statute and an ordinance for them, and there He tested them, 26 and said, "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the **LORD who heals you.**"

Psa 105:37 NKJV - "37 He also brought them out with silver and gold, And there was none feeble among His tribes."

Nu 21:8 The LORD said to Moses, "Make a snake and put it up on a pole (BANNER); anyone who is bitten can look at it and live."

Jhn 3:14-15 NKJV - "14 "And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, 15 "that whoever believes in Him should not perish but have eternal life." (compare 2 Cor 5:21)

OTHER VERSES:

Psa 103:3 NKJV - "3 Who forgives all your iniquities, Who heals all your diseases,"

Exo 23:25 NKJV - "25 "So you shall serve the LORD your God, and He will bless your bread and your water. And I will take sickness away from the midst of you."

Deu 7:14-15 NKJV - "14 "You shall be blessed above all peoples; there shall not be a male or female barren among you or among your livestock. 15 "And the LORD will take away from you all sickness, and will afflict you with none of the terrible diseases of Egypt which you have known, but will lay them on all those who hate you."

We are no longer under the curse of the law, but under the blessing of Abraham:

Gal 3:10-14 NKJV - "10 For as many as are of the works of the law are under the curse; for it is written, "Cursed is everyone who does not continue in all things which are written in the book of the law, to do them." 11 But that no one is justified by the law in the sight of God is evident, for "the just shall live by faith." 12 Yet the law is not of faith, but "the man who does them shall live by them." 13 Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), 14 that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith."

Pro 26:2 NIV - "2 Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest."

JESUS

Jesus represents what the Father is like:

Jhn 14:9 NKJV - "9 Jesus said to him, "Have I been with you so long, and yet you have not known Me, Philip? He who has seen Me has seen the Father; so how can you say, 'Show us the Father'?"

Jhn 12:45 NKJV - "45 "And he who sees Me sees Him who sent Me."

Col 1:15 NKJV - "15 He is the image of the invisible God, the firstborn over all creation."

Heb 1:1-3 NKJV - "1 God, who at various times and in various ways spoke in time past to the fathers by the prophets, 2 has in these last days spoken to us by His Son, whom He has appointed heir of all things, through whom also He made the worlds; 3 who being the brightness of His glory and the express image of His person, and upholding all things by the word of His power, when He had by Himself purged our sins, sat down at the right hand of the Majesty on high,"

JESUS' DEATH ON THE CROSS:

Isa 53:4, 5 NKJV — "4 Surely He has borne our griefs (sicknesses)

And carried our sorrows (suffering);

Yet we esteemed Him stricken,

Smitten by God, and afflicted."

5 But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed.

cf Mat 8:16-17 NKJV - "16 When evening had come, they brought to Him many who were demon-possessed. And He cast out the spirits with a word, and **healed all** who were sick, 17 that it might be fulfilled which was spoken by Isaiah the prophet, saying: "He Himself took our infirmities And bore our sicknesses.""

1Pe 2:24 NKJV - "24 who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness--by whose stripes you were healed."

JESUS MINISTRY - HEALING FOR ALL

Act 10:38 NKJV - "38 "how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and **healing all** who were oppressed by the devil, for God was with Him."

Luk 6:17-19 NKJV - "17 And He came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, 18 as well as those who were tormented with unclean spirits. And **they were healed**. 19 And the whole multitude sought to touch Him, for power went out from Him and **healed them all**."

Matthew 4:23 Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and **healing every disease** and sickness among the people.

Matthew 9:35 Jesus went through all the towns and villages, teaching in their synagogues, preaching the good news of the kingdom and **healing every disease** and sickness.

Acts 5:16 Crowds gathered also from the towns around Jerusalem, bringing their sick and those tormented by evil spirits, and **all of them were healed**.

CASES WHERE SOME WERE NOT HEALED

Mat 15:22-28 NKJV - "22 And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed." 23 But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us." 24 But He answered and said, "I was not sent except to the lost sheep of the house of Israel." 25 Then she came and worshiped Him, saying, "Lord, help me!" 26 But He answered and said, "It is not good to take the children's bread and throw it to the little dogs." 27 And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table." 28 Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour."

Mar 6:1-6 NKJV - "1 Then He went out from there and came to His own country, and His disciples followed Him. 2 And when the Sabbath had come, He began to teach in the synagogue. And many hearing Him were astonished, saying, "Where did this Man get these things? And what wisdom is this which is given to Him, that such mighty works are performed by His hands! 3 "Is this not the carpenter, the Son of Mary, and brother of James, Joses, Judas, and Simon? And are not His sisters here with us?" So they were offended at Him. 4 But Jesus said to them, "A prophet is not without honour except in his own country, among his own relatives, and in his own house." 5 Now He could do no mighty work there, except that He laid His hands on a few sick people and healed them. 6 And He marvelled because of their unbelief. Then He went about the villages in a circuit, teaching."

Gal 4:13-14 NKJV - "13 You know that because of physical infirmity I preached the gospel to you at the first. 14 And my trial which was in my flesh you did not despise or reject, but you received me as an angel of God, even as Christ Jesus."

1Ti 5:23 NKJV - "23 No longer drink only water, but use a little wine for your stomach's sake and your frequent infirmities."

2Ti 4:20 NKJV - "20 Erastus stayed in Corinth, but Trophimus I have left in Miletus sick."

INSTRUCTIONS TO US

Matthew 10:8 Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give.

Matt 28:20 - "teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." Amen."

Mar 16:15-18 NKJV - "15 And He said to them, "Go into all the world and preach the gospel to every creature. 16 "He who believes and is baptized will be saved; but he who does not believe will be condemned. 17 "And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; 18 "they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.""

Mat 28:18-20 NKJV - "18 And Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth. 19 "Go therefore and make disciples of all the nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, 20 "teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." Amen."

Jas 5:14-16 NKJV - "14 Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. 15 And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. 16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much."

PRACTICAL STEPS TO TAKE:

- Know and trust His name
- Run into His name
- Say it. Say His name, thank Him, and speak to the (mountain) sickness. "Believe you have received it"

Mar 11:22-24 NKJV — "22 So Jesus answered and said to them, "Have faith in God. 23 "For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. 24 "Therefore I say to you, whatever things you ask when you pray, believe that you receive them (*have received them*), and you will have them."

THE NAMES OF GOD

1. JEHOVAH (YAHWEH) **JIREH** (THE LORD WILL **PROVIDE**) Gen 22:14.
2. JEHOVAH (YAHWEH) **RAPHA** (THE LORD WHO **HEALS**) Exd 15:26.
3. JEHOVAH (YAHWEH) **NISSI** (THE LORD MY **BANNER**) Exd 17:15. Moses, recognizing that the Lord was Israel's banner under which they defeated the Amalekites, builds an altar named Jehovah-Nissi (the Lord our Banner).
4. JEHOVAH (YAHWEH) **MEKODDISHKEM** (THE LORD WHO **SANCTIFIES** YOU) Exd 31:13. Lev 20:8
5. JEHOVAH (YAHWEH) **SHALOM** (THE LORD IS **PEACE**) Jdg 6:24. the name of an altar built by Gideon in Ophrah.
6. JEHOVAH (YAHWEH) **SABAOTH** (THE LORD **OF HOSTS**) over 285 References of the name Jehovah Sabaoth in the Old Testament.
7. JEHOVAH(YAHWEH)-**RAAH** (THE LORD MY **SHEPHERD**) Psalm 23.
8. JEHOVAH (YAHWEH) **TSIDKENU** (THE LORD OUR **RIGHTEOUSNESS**) Jer 23:6; Jer 33:16
9. JEHOVAH (YAHWEH) **SHAMMAH** (THE LORD IS **THERE**) Ezekiel 48:35.