

SERMON NOTES - The 3 Parts of Man #3

These notes are designed to be read along with the associated audio / video message

Recap main points & ideas

An Illustration - Doctors used to think that humans were sick because of imbalances of 4 body fluids- **black bile**, **yellow bile**, **phlegm**, and **blood**. So they would bleed people and do weird treatments. Later when they better understood germs, parts and systems of the body they could more effectively treat things. It's the same with us. We need to properly understand how God says we are made up.

1Th 5:23 NKJV — "Now may the God of peace Himself sanctify you completely; and may your whole **spirit**, **soul**, and **body** be preserved blameless at the coming of our Lord Jesus Christ."

We've said that ...

- **Body** = World consciousness
- **Soul** = Self consciousness
- **Spirit** = God consciousness.

Your **spirit** is eternal and if saved is one with God & sealed by Him - (Ecc 3:11, 1 Cor 6:17, Eph 4:30)

Your **body** will be saved and made new at the resurrection - 1 Cor 15:50-53

Your **soul** needs to be renewed over time - James 1:21 NKJV — Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.

Your soul is also the intersection between your spirit and your flesh and aligns itself either with the flesh OR with God's Spirit in you

The 3 parts of the soul (also "heart")

The MIND - Pro 19:2 NKJV - "2 Also it is not good for a **SOUL** to be without **knowledge**, And he sins who hastens with his feet."

Pro 23:7 NKJV — "7 For as he **thinks** in his **HEART**, so is he. "Eat and drink!" he says to you, But his **heart** is not with you."

Pro 2:10 NKJV - "10 When wisdom enters your **HEART**, And knowledge is pleasant to your **SOUL**,"

The EMOTIONS - Psa 35:9 NKJV - "9 And my **SOUL** shall be **joyful** in the LORD; It shall **rejoice** in His salvation."

Lam 1:20 NKJV - "20 "See, O LORD, that I am in **distress**; My **SOUL** is **troubled**; My **HEART** is overturned within me, For I have been very rebellious. Outside the sword bereaves, At home it is like death."

The WILL - 1Ch 22:19 NKJV - "19 "Now **set** your **HEART** and your **SOUL** to seek the LORD your God. Therefore arise and build the sanctuary of the LORD God, to bring the ark of the covenant of the LORD and the holy articles of God into the house that is to be built for the name of the LORD."

"HEART" also includes the SPIRIT in the Bible - Ga 4:6 Because you are sons, God sent the **Spirit** of his Son into our **hearts**, the Spirit who calls out, "Abba, Father."

The 3 parts of your "Heart" & "Soul" in salvation and Christian life

1. **Before** you are saved your soul (mind, will, emotions) are aligned to your flesh. They are dominated by your 5 senses, and by the sinful desires in the flesh.

MIND, EMOTIONS & WILL

Col 2:18 NKJV - "18 Let no one cheat you of your reward, taking delight in false humility and worship of angels, intruding into those things which he has not seen, vainly puffed up by his **fleshly mind**,"

Eph 2:1-3 NKJV - "1 And you He made alive, who were dead in trespasses and sins, 2 in which you once walked according to the course of this world, according to the prince of the power of the air, the

spirit who now works in the sons of disobedience, 3 among whom also we all once conducted ourselves in the **lusts** of our **flesh**, fulfilling the **desires** of the **flesh** and of the **mind**, and were by nature children of wrath, just as the others."

Eph 4:17-19, 22-24 NKJV - "17 This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the **futility** of their **mind**, 18 having their **understanding darkened**, being alienated from the life of God, because of the **ignorance** that is in them, because of the **blindness** of their **heart**; 19 who, being **past feeling**, have given themselves over to **lewdness**, to work all **uncleanness** with **greediness**. ... 22 that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, 23 and be **renewed** in the **spirit** of your **mind**, 24 and that you put on the new man which was created according to God, in **true righteousness** and **holiness**."

2. Becoming a born again child of God, requires all 3 parts of our heart/soul to be involved:

Rom 10:9-10 NKJV — "9 that if you confess with your mouth the Lord Jesus and believe in your **heart** that God has raised Him from the dead, you will be saved. 10 For with the **heart** one believes unto righteousness, and with the mouth confession is made unto salvation."

MIND

Eph 1:13 NKJV - "13 In Him you also trusted, after you **heard** the **word of truth**, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise,"

EMOTIONS

1Th 1:6 NKJV - "6 And you became followers of us and of the Lord, having received the word in much affliction, with **joy** of the Holy Spirit,"

WILL

Mat 13:19-21 NKJV - "19 "When anyone hears the word of the kingdom, and does not **understand** it, then the wicked one comes and snatches away what was sown in his heart. This is he who received seed by the wayside. 20 "But he who received the seed on stony places, this is he who hears the word and immediately receives it with joy; 21 "yet he **has no root** in himself, but endures only for a while. For when tribulation or persecution arises because of the word, immediately he stumbles."

PARABLE OF SOWER

If we only have one or two, our salvation is incomplete.

Rom 10:1-2 NKJV - "1 Brethren, my heart's desire and prayer to God for Israel is that they may be saved. 2 For I bear them witness that they have a **zeal** for God, **but not** according to **knowledge**."

3. Continuing to grow as a born again child of God, all 3 parts of our heart / soul must be involved. They must be transferred from being **Flesh-aligned to spirit-aligned**.

If my mind, will & emotions remain linked and affected by my flesh instead of by my spirit, I am a "carnal" believer and the end is not good. 1 Cor 2:14-3:3; Ro 7 & 8:1-14

MIND

Eph 4:23 - "23 and be renewed in the **spirit** of your **mind**,"

Jn 6:63 NKJV - "63 "It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life."

Rom 8:5, 6 NKJV - "5 For those who live according to the **flesh** set their **minds** on the things of the flesh, but those who live according to the **Spirit**, the things of the **Spirit**. 6 For to be **carnally minded** is death, but to be **spiritually minded** is life and peace."

2Pe 1:2-5 NKJV - "2 Grace and peace be multiplied to you in the **knowledge** of God and of Jesus our Lord, 3 as His divine power has given to us all things that pertain to life and godliness, through the **knowledge** of Him who called us by glory and virtue, 4 by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust. 5 But also for this very reason, giving all diligence, add to your faith virtue, to virtue **knowledge**,"

2Co 10:3-5 NKJV - "3 For though we walk in the **flesh**, we do not war according to the **flesh**. 4 For the weapons of our warfare are not **carnal** but mighty in God for pulling down strongholds, 5 casting down **arguments** and every high thing that exalts itself against the **knowledge of God**, bringing **every thought into captivity** to the obedience of Christ,"

EMOTIONS & WILL

Gal 5:16-18, 22-25 NKJV - "16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law. ... 22 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law. 24 And those who are Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit."

Act 19:21 NKJV - "21 When these things were accomplished, Paul **purposed in the Spirit**, when he had passed through Macedonia and Achaia, to go to Jerusalem, saying, "After I have been there, I must also see Rome.""

HOW DO WE DO IT?

How to align your heart to the Spirit rather than the flesh:

FOCUS YOUR MIND ON HIS WORD - Jhn 6:63 NKJV - "63 "It is the Spirit who gives life; the flesh profits nothing. The **words** that I speak to you are spirit, and they are life."

FOCUS YOUR MIND, WILL & EMOTIONS ON HIS GLORY IN WORSHIP - 2Co 3:17-18 NKJV - "17 Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty. 18 But we all, with unveiled face, **beholding** as in a mirror **the glory of the Lord**, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."

PRAY IN THE SPIRIT - Jde 1:20-21 NKJV - "20 But you, beloved, building yourselves up on your most holy faith, **praying** in the Holy Spirit, 21 keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life." (compare 1 Cor 14:14 & Rom 8:26-27)

CHOOSE HIS WAY AND REJECT WRONG BELIEFS, ATTITUDES AND BEHAVIOURS

God is working in you. Align your mind, will & emotions with His power:

Phl 2:13 NKJV - "13 for it is God who works in you both to will and to do for His good pleasure."

Small group discussion guidelines

Remember that the aim of the small group is to foster discussion and community, rather than for the leader or one individual to preach to everyone.

1 - Often an **Icebreaker question** is a great way to start discussion. You could ask a question like:

- What were the highs or lows of your week?
- What is your earliest memory?
- If you had to describe yourself as one animal, what would it be and why?
- What is your favourite type of holiday destination?

2 - Next, **read the passage**. You can ask various people in the group to help by each reading a portion of the passage.

3 - These are the **main questions** to ask to understand the passage:

- What is the main message of this talk / passage?
Allow discussion and even diverging from the main topic if it is helpful.
- What did you find particularly helpful or challenging?
- What did you not fully understand?
- What can we do PRACTICALLY in response to this teaching?

4 - Close by offering **prayer** for each person.

- Ask, "how can we pray for you / each other now?"
- Ask each person to pray or you, as leader, pray for each person's need

The blessing and opportunity in Small Groups is the possibility for...

- Each person to contribute and/or ask questions,
- People to pray for each other and to ask for prayer,
- People to learn to use and grow in their gifts,
- Community, friendship and intimacy in relationships.

God Bless you in this very important ministry.