

SERMON NOTES - Raised With Christ 3 - Our Resurrected Self - "The New Man"

These notes are designed to be read along with the associated audio / video message

INTRO / RECAP - We have been looking at the illustrated example that Paul uses in Ephesians 1&2 to demonstrate some great truths to us. We've also looked at Rom 6:1-12 and 1 Cor 15:35-50 that talk about us dying and being buried with Christ, and our resurrection bodies.

Let's look at an example from Jesus' first resurrection day to learn more about that resurrected part of us that is like Him (1 Jn 4:17), and already seated with Him in Heavenly places (Eph 2:6).

THE EMMAUS ROAD -

Luk 24:13-41 NKJV - "13 Now behold, two of them were travelling that same day to a village called Emmaus, which was seven miles from Jerusalem. 14 And they talked together of all these things which had happened. 15 So it was, while they conversed and reasoned, that Jesus Himself drew near and went with them. (compare Mal 3:16)

16 But their eyes were restrained, so that they did not know Him (in a "different form" Mk 16:12).

17 And He said to them, "What kind of conversation is this that you have with one another as you walk and are sad?" 18 Then the one whose name was Cleopas answered and said to Him, "Are You the only stranger in Jerusalem, and have You not known the things which happened there in these days?" 19 And He said to them, "What things?" So they said to Him, "The things concerning Jesus of Nazareth, who was a Prophet mighty in deed and word before God and all the people, 20 "and how the chief priests and our rulers delivered Him to be condemned to death, and crucified Him. 21 "But we were hoping that it was He who was going to redeem Israel. Indeed, besides all this, today is the third day since these things happened. 22 "Yes, and certain women of our company, who arrived at the tomb early, astonished us. 23 "When they did not find His body, they came saying that they had also seen a vision of angels who said He was alive. 24 "And certain of those who were with us went to the tomb and found it just as the women had said; but Him they did not see."

25 Then He said to them, "O foolish ones, and slow of heart to believe in all that the prophets have spoken! 26 "Ought not the Christ to have suffered these things and to enter into His glory?"

27 And beginning at Moses and all the Prophets, He expounded to them in all the Scriptures the things concerning Himself.

28 Then they drew near to the village where they were going, and He indicated that He would have gone farther. 29 But they constrained Him, saying, "Abide with us, for it is toward evening, and the day is far spent." And He went in to stay with them.

30 Now it came to pass, as He sat at the table with them, that He took bread, blessed and broke it, and gave it to them. 31 Then their eyes were opened and they knew Him; and He vanished from their sight. 32 And they said to one another, "Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?"

33 So they rose up that very hour and returned to Jerusalem, and found the eleven and those who were with them gathered together, 34 saying, "The Lord is risen indeed, and has appeared to Simon!" 35 And they told about the things that had happened on the road, and how He was known to them in the breaking of bread.

36 Now as they said these things, Jesus Himself stood in the midst of them, and said to them, "Peace to you." ("As the Father has sent Me, I also send you." "Receive the Holy Spirit. Jn 20:21-22) 37 But they were terrified and frightened, and supposed they had seen a spirit. 38 And He said to them, "Why are you troubled? And why do doubts arise in your hearts? 39 "Behold My hands and My feet, that it is I Myself. Handle Me and see, for a spirit does not have flesh and bones as you see I have." 40 When He had said this, He showed them His hands and

His feet. 41 But while they still did not believe for joy, and marvelled, He said to them, "Have you any food here?"

Points of note and importance in this passage:

- They were "unknown" and "nobodies". God cares about all and about the "others". He goes out of our nice meetings to find the others. He can meet us in strange times and places - anywhere really.
- He spends time "chatting" and walking with them. Friendship and "normal" activities.
- When we discuss Jesus, He is there. "Two or more gathered" (Mat 18:20), "Then those who feared the LORD spoke to one another, And the LORD listened and heard them;" (Mal 3:16)
- They didn't recognise Him (Mk16:12 "diff form") We often don't fully realise when Jesus is in our midst - by His Spirit, and also in angelic visitations (Heb 13:2). Jhn 6:44 - "No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day."
- The Scriptures are so important.
- They had to want Him to stay - Jesus shows Himself and His power and love where He is wanted and celebrated - when we are hungry and thirsty.
- Communion is powerful. vs 30-32
- His resurrection body was very different. It couldn't be seen and recognised with physical sight only.
- We see Jesus when we -
 - a. **Talk** about Him with one another;
 - b. Open the **Scriptures**
 - c. **Want** His presence
 - d. **Break bread** together and pray
 - e. **Tell others** about our experiences with Him - testimonies - 36 Now as they said these things, Jesus Himself stood in the midst of them.

What did He "expound" to them as they spoke? He showed them that Messiah (Himself) is the...

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| 1. Seed of the Woman , whose heel was bruised. Gen 3 | 10. Ultimate Kinsman-Redeemer mentioned in Ruth. Ruth |
| 2. Blessing of Abraham to all nations . Gen 12 | 11. Son of David who was a King greater than David. Ps 89 |
| 3. High Priest after the order of Melchizedek . Gen 14 | 12. Suffering Saviour of Psalm 22. |
| 4. Man who wrestled with Jacob . Gen 32 | 13. Good Shepherd of Psalm 23. |
| 5. Lion of the Tribe of Judah . Gen 49 | 14. Wisdom in Proverbs |
| 6. Voice from the burning bush . Ex 3 | 15. Lover in the Song of Solomon . |
| 7. Passover Lamb . Ex 12 | 16. Savior described in the Prophets |
| 8. Prophet greater than Moses . Deut 18 | 17. Suffering Servant of Isaiah 53. |
| 9. Captain of the Lord's army to Joshua . Josh 5 | 18. Princely Messiah who would establish a kingdom that would never end . Daniel |

A summary from 1 Cor 15 of what our resurrected selves are like:

- vs 42, 43 - we are ...
 - sown in corruption, raised in incorruption.
 - sown in dishonour, raised in glory.
 - sown in weakness, raised in power.
 - sown a natural body, raised a spiritual body
- vs 48 "As was the man of dust, so also are those who are made of dust; and as is the heavenly Man, so also are those who are heavenly." (1 Jn 4:17)
- vs 50 ... *flesh and blood cannot inherit the kingdom of God; nor does corruption inherit incorruption.*"

SOME PRACTICAL TAKE-AWAYS & STEPS -

SET YOUR MIND ON THE SPIRIT

Colossians 3:1-4 NKJV *1 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. 2 **Set your mind** on things above, not on things on the earth. 3 For you died, and your life is hidden with Christ in God. 4 When Christ who is our life appears, then you also will appear with Him in glory.*

(See also Rom 8:5-6 NKJV — *"5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. 6 For to be carnally minded is death, but to be spiritually minded is life and peace."*)

SOW TO THE SPIRIT & PUT TO DEATH THE DEEDS OF THE FLESH

Gal 6:8 NKJV — *"8 For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life."*

Rom 8:13-14 NKJV — *"13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live. 14 For as many as are led by the Spirit of God, these are sons of God."*

Col 3:5 NKJV — *"5 Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry."*

Rom 6:11-13 NKJV - *"11 Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. 12 Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. 13 And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God."*

IF YOU FAIL

Rom 8:1, 9 NKJV — *"1 There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit."*

9 But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His."

YOUR OLD MAN vs YOUR NEW MAN

Eph 4:22-24 NKJV - *"22 ...put off ... the old man which grows corrupt ... 23 and be renewed in the spirit of your mind, 24 and that you put on the new man which was created according to God, in true righteousness and holiness."*

Col 3:9-10 NKJV - *"9 Do not lie to one another, since you have put off the old man with his deeds, 10 and have put on the new man who is renewed in knowledge according to the image of Him who created him,"*

2Co 5:16, 17, 21 NKJV - *"16 Therefore, from now on, we regard no one according to the flesh. Even though we have known Christ according to the flesh, yet now we know Him thus no longer. 17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. ... 21 For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him."*

Eph 2:10 NKJV - *"10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them."*

1Jo 4:17 NKJV - *"17 Love has been perfected among us in this: that we may have boldness in the day of judgement; because as He is, so are we in this world."*

Small group discussion guidelines

Remember that the aim of the small group is to foster discussion and community, rather than for the leader or one individual to preach to everyone.

1 - Often an **Icebreaker question** is a great way to start discussion. You could ask a question like:

- What were the highs or lows of your week?
- What is your earliest memory?
- If you had to describe yourself as one animal, what would it be and why?
- What is your favourite type of holiday destination?

2 - Next, **read the passage**. You can ask various people in the group to help by each reading a portion of the passage.

3 - These are the **main questions** to ask to understand the passage:

- What is the main message of this talk / passage?
Allow discussion and even diverging from the main topic if it is helpful.
- What did you find particularly helpful or challenging?
- What did you not fully understand?
- What can we do PRACTICALLY in response to this teaching?

4 - Close by offering **prayer** for each person.

- Ask, "how can we pray for you / each other now?"
- Ask each person to pray or you, as leader, pray for each person's need

The blessing and opportunity in Small Groups is the possibility for...

- Each person to contribute and/or ask questions,
- People to pray for each other and to ask for prayer,
- People to learn to use and grow in their gifts,
- Community, friendship and intimacy in relationships.

God Bless you in this very important ministry.